



Craig City School District

Smart Start to School

In Response to COVID-19

## INTRODUCTION AND GUIDING PRINCIPLES

CCSD'S Smart Start to School plan is a working plan that has been developed to support the community's efforts to navigate the reestablishment of school where families, students, and staff feel safe to reduce the risk of COVID-19 conditions during the 2020-2021 school year. The guidelines referenced in this plan are based on guidance from the Centers for Disease Control and Prevention (CDC) and World Health Organization (WHO). Regular updates to this plan will be made as additional information from CDC, WHO, and applicable federal, state, and local agencies become available.

## PACE STATEWIDE HOMESCHOOL PROGRAM

PACE Statewide Homeschool is available for all families statewide looking for a homeschool/correspondence option for their student(s).

PACE Statewide Homeschool office's (Ketchikan, Craig, Anchorage, and Wasilla) will follow all guidelines and mandates for the municipality the office is located. Furthermore, PACE offices will institute the State of Alaska Phase 3 and 4 COVID-19 guidelines located at <https://covid19.alaska.gov/reopen/>, specifically guidelines for Attachment D "Public Facing Businesses" to include:

- Social distancing
- Hygiene best practices
- Staffing
- Cleaning and disinfecting

## CCSD RISK SCENARIOS

LOW RISK	INTERMEDIATE RISK	HIGH RISK
Low level of community transmission. Minimal amount of laboratory confirmed cases of COVID-19 as determined by community.	Moderate level of community transmission. Moderate amount of laboratory confirmed cases of COVID-19 as determined by community.	High level of community transmission. Outbreaks or increases in cases and recent laboratory-confirmed cases of COVID-19.
CCSD schools will be designated as <b>Yellow/Low Risk Scenario</b> if there are zero (0) to three (3) active COVID-19 confirmed cases on Prince of Wales Island in the previous 14 days with all	CCSD schools will be designated as <b>Orange/Intermediate Risk Scenario</b> if there are four (4) to seven (7) active COVID-19 confirmed cases on Prince of Wales Island in the previous 14 days with all	CCSD schools will be closed and will move to the <b>Red/High Risk Scenario</b> if there have been eight (8) or more active COVID-19 confirmed cases on Prince of Wales Island in the previous 14 days resulting in the designation of a high level of community transmission.



<p>other cases being classified as recovered.</p> <p>Flexibility and evidence-based decision making will guide CCSD's decisions to shift between Yellow, Orange, and Red risk scenarios.</p> <p>CCSD will closely monitor SE regional trends with COVID-19 infections to include Juneau, Sitka, Ketchikan, and Seattle. If regional trends shift rapidly, CCSD will utilize this information to consider transitioning to a higher risk scenario to protect our students, families, and staff members.</p> <p>Additionally, if there are active COVID-19 cases in Craig, or another island community, that could directly impact CCSD families, CCSD reserves the right to transition to a higher risk scenario to protect our students, families, and staff members.</p>	<p>other cases being classified as recovered.</p> <p>Flexibility and evidence-based decision making will guide CCSD's decisions to shift between Yellow, Orange, and Red risk scenarios.</p> <p>CCSD will closely monitor SE regional trends with COVID-19 infections to include Juneau, Sitka, Ketchikan, and Seattle. If regional trends shift rapidly, CCSD will utilize this information to consider transitioning to a higher risk scenario to protect our students, families, and staff members.</p> <p>Additionally, if there are active COVID-19 cases in Craig, or another island community, that could directly impact CCSD families, CCSD reserves the right to transition to a higher risk scenario to protect our students, families, and staff members.</p>	<p>Flexibility and evidence-based decision making will guide CCSD's decisions to shift between Yellow, Orange, and Red risk scenarios.</p> <p>CCSD will closely monitor SE regional trends with COVID-19 infections to include Juneau, Sitka, Ketchikan, and Seattle. If regional trends shift rapidly, CCSD will utilize this information to consider transitioning to a higher risk scenario to protect our students, families, and staff members.</p> <p>Additionally, if there are active COVID-19 cases in Craig, or another island community, that could directly impact CCSD families, CCSD reserves the right to transition to a higher risk scenario to protect our students, families, and staff members.</p>
<p><b>INSTRUCTIONAL DELIVERY</b></p> <p>Yellow Low Risk School Schedule will be based on a "regular" school schedule as much as reasonably possible, with appropriate social distancing.</p>	<p><b>INSTRUCTIONAL DELIVERY</b></p> <p>Orange Intermediate Risk School Schedule will be based on an alternating block schedule. One group of students (50%) will meet in person Monday and Tuesday.</p>	<p><b>INSTRUCTIONAL DELIVERY</b></p> <p>All students at home. School staff will utilize Zoom, Google Classroom, and online electronic learning platforms. Staff will develop regular office hours and class schedules.</p>



<p>Flexible scheduling will be utilized for classrooms or grade levels that cannot provide appropriate social distancing.</p> <p>Students identified as Intensive Needs will attend every day on-site.</p> <p>Based upon specifications of their individualized education plans (IEPs), special education students may be served outside of their regular group time.</p>	<p>The second group of students (50%) will meet in person on <b>Thursday and Friday</b>.</p> <p>When students are not meeting with teachers face-to-face for in-person instruction they will be supported through a distance delivery instructional model.</p> <p><b>Wednesdays</b> will be prioritized for deep cleaning of all school facilities and distance delivery instructional support for students.</p> <p>Students identified as Intensive Needs will attend every day on-site except for <b>Wednesdays</b>.</p> <p>Based upon specifications of their individualized education plans (IEPs), special education students may be served outside of their regular group time.</p>	<p>Based upon specifications of their individualized education plans (IEPs), special education students may be served outside of their regular group time.</p>
<p><b>CONDITIONS FOR LEARNING</b></p> <p>Students, staff, and visitors entering a POW school district building will be temperature screened upon entrance.</p> <p>Social distancing, one student per seat or members from the same residence sitting together, will be maintained on all district busses and vans.</p>	<p><b>CONDITIONS FOR LEARNING</b></p> <p>Students and staff entering a POW school district building will be temperature screened upon entrance.</p> <p>Social distancing, one student per seat or members from the same residence sitting together, will be maintained on all district busses and vans.</p> <p>CCSD bus service will prioritize Port St. Nick,</p>	<p><b>CONDITIONS FOR LEARNING</b></p> <p>POW school buildings will be off limits to all students, staff, and visitors.</p> <p><b>Bus service will be cancelled due to school buildings being closed.</b></p> <p>POW maintenance/custodial staff will deep clean all building facilities.</p> <p>POW Food and Nutrition Services will provide</p>

<p>CCSD bus service will prioritize Port St. Nick, Klawock and Hollis bus runs to ensure appropriate social distancing.</p> <p>No large group gatherings permitted such as assemblies, cafeterias, or field trips.</p> <p>Maintain 6 feet from other people within the hallways, classrooms, and recess areas.</p> <p>Utilization of desk guards in all classrooms with 12 or more students.</p> <p>CES will split 4th grade class into two separate classes.</p> <p>CMS will split the 7<sup>th</sup> grade class into two separate classes.</p> <p>CMS will split the 8<sup>th</sup> grade class into two separate classes.</p> <p>Adjust CCSD shared certified staff to provide additional support to CES and CMS.</p> <p>Personal protective gear (PPE) masks are strongly encouraged for all staff and students.</p> <p>Gloves and masks are required for Food and Nutrition Services at all times.</p> <p>Gloves are required for custodial staff and all other staff whenever cleaning or sanitizing items and surfaces.</p>	<p>Klawock and Hollis bus runs to ensure appropriate social distancing.</p> <p>No large group gatherings permitted such as assemblies, cafeterias, or field trips.</p> <p>Maintain 6 feet from other people within the hallways, classrooms, and recess areas.</p> <p>Utilization of desk guards in all classrooms with 12 or more students.</p> <p>Face coverings will be required during the day for all CCSD students and staff. Additionally family members and visitors will not be allowed in school facilities.</p> <p>CES will split 4<sup>th</sup> grade class into two separate classes.</p> <p>CMS will split the 7<sup>th</sup> grade class into two separate classes.</p> <p>CMS will split the 8<sup>th</sup> grade class into two separate classes.</p> <p>Adjust CCSD shared certified staff to provide additional support to CES and CMS.</p> <p>Gloves and masks are required for Food and Nutrition Services at all times.</p> <p>Gloves are required for custodial staff and all other</p>	<p>delivered breakfast and lunches.</p> <p>District office staff will work in the district office as necessary.</p> <p>Personal protective gear (PPE) masks are strongly encouraged for all staff working in district buildings.</p> <p>Gloves and masks are required for Food and Nutrition Services at all times.</p> <p>Gloves are required for custodial staff and all other staff whenever cleaning or sanitizing items and surfaces.</p> <p>Hand sanitizing stations will be made available at the entrance of all buildings and at the entrance of all classrooms and offices.</p>
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<p>Hand sanitizing stations will be made available at the entrance of all buildings and at the entrance of all classrooms and offices.</p> <p>Food service will be delivered to each classroom.</p> <p>Regular hand sanitizing schedules will be implemented within each classroom.</p> <p>Use of water fountains is not permitted. Students should bring water bottles from home or be provided water bottles to use at school.</p>	<p>staff whenever cleaning or sanitizing items and surfaces.</p> <p>Hand sanitizing stations will be made available at the entrance of all buildings and at the entrance of all classrooms and offices.</p> <p>Food service will be delivered to each classroom.</p> <p>Regular hand sanitizing schedules will be implemented within each classroom.</p> <p>Use of water fountains is not permitted. Students should bring water bottles from home or be provided water bottles to use at school.</p>	
<p><b>CONTINUITY OF LEARNING</b></p> <p>CCSD will provide certified staff voluntary, paid time from August 17-21, 2020 to develop instructional plans, procedures, and management tools for CCSD to seamlessly transition between low, intermediate, and high risk scenarios during the 2020-2021 school year.</p> <p>CCSD will prioritize Wednesday afternoons for professional learning and improvement of CCSD's low risk instructional planning and schedules.</p> <p>The CCSD IT Department will ensure all students have access to a working electronic device to utilize during an in-</p>	<p><b>CONTINUITY OF LEARNING</b></p> <p>CCSD will provide certified staff voluntary, paid time from August 17-21, 2020 to develop instructional plans, procedures, and management tools for CCSD to seamlessly transition between low, intermediate, and high risk scenarios during the 2020-2021 school year.</p> <p>CCSD will prioritize Wednesday afternoons for professional learning and improvement of CCSD's intermediate risk instructional planning and schedules.</p> <p>The CCSD IT Department will ensure all students have access to a working electronic device to utilize during an in-</p>	<p><b>CONTINUITY OF LEARNING</b></p> <p>CCSD will provide certified staff voluntary, paid time from August 17-21, 2020 to develop instructional plans, procedures, and management tools for CCSD to seamlessly transition between low, intermediate, and high risk scenarios during the 2020-2021 school year.</p> <p>CCSD will prioritize Wednesday afternoons for professional learning and improvement of CCSD's high risk instructional planning and schedules.</p> <p>The CCSD IT Department will ensure all students have access to a working electronic device to utilize during an in-</p>

<p>person, hybrid, and distance delivery school model.</p>	<p>person, hybrid, and distance delivery school model.</p> <p>CCSD will collaborate with community partners, businesses and others in problem-solving efforts to ensure all students have access to reliable internet access to complete their work remotely.</p>	<p>person, hybrid, and distance delivery school model.</p> <p>CCSD will collaborate with community partners, businesses and others in problem-solving efforts to ensure all students have access to reliable internet access to complete their work remotely.</p>
<p><b>CAPACITY OF LEARNING</b></p> <p>CCSD will follow ASAA Low Risk Return to Practice Protocols and ASAA Return to Event Protocols (attached at the end of this document) for athletics and extra-curricular activities.</p> <p>Other district activities will be determined on a case by case basis.</p> <p>Staff travel and student athletic and extra-curricular travel in yellow/low risk level to other yellow/low risk level communities/schools on approval.</p> <p>Staff travel and student athletic and extra-curricular travel will prioritize the utilization of IFA and Breakaway Charters.</p>	<p><b>CAPACITY OF LEARNING</b></p> <p>CCSD will follow ASAA Intermediate Risk Return to Practice Protocols (attached at the end of this document) for athletics and extra-curricular activities.</p> <p>Other district activities will be determined on a case by case basis.</p> <p>District related student and staff travel is restricted at orange and red risk levels.</p>	<p><b>CAPACITY OF LEARNING</b></p> <p>District related student and staff travel is restricted at orange and red risk levels.</p>



## HEALTH AND SAFETY PROTOCOLS

To help prevent the spread of the COVID-19 virus, CCSD has the opportunity and responsibility to educate students, families, and staff on social etiquette, good health and hygiene habits, and disease prevention. CCSD will provide regular hand-washing and respiratory hygiene/cough etiquette education for all K-12 students. Our basic educational message will be:

- Cover your cough
- Wash hands often
- Stay home if sick
- Wear appropriate Personal Protective Equipment (PPE)

To help prevent the spread of COVID-19 and reduce the potential risk to our students and staff CCSD will require employees to complete a weekly self-screening which includes temperature reading and answering a set of questions related to COVID-19 symptoms including:

- Cough
- Shortness of breath or difficulty breathing
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- Loss of taste or smell
- Diarrhea
- Feeling feverish or a measured temperature greater than or equal to 100.0 degrees Fahrenheit
- Known close contact with a person who is lab confirmed to have COVID-19
- Known close contact with anyone who is experiencing possible COVID-19 symptoms

If a student or employee becomes ill at work or is exhibiting symptoms of COVID-19 they will be asked to leave and either go home or to the nearest health center. Due to the severe nature of a potential positive COVID-19 diagnosis, parents are asked to immediately pick their student up upon notification from the school that their child is exhibiting symptoms related to COVID-19. Any staff member exhibiting COVID-19 symptoms is asked to immediately notify their direct supervisor of their symptoms and leave school premises.

Employees returning to work from an approved medical leave may be asked to submit a healthcare provider's note before returning to work.

If a student or employee has been diagnosed with COVID-19 they may return to school/work when all 3 of the following criteria are met:

- At least 10 days have passed since symptom onset **and**
- At least 24 hours have passed since resolution of fever without the use of fever-reducing medications **and**



- Other symptoms have improved.

*If a student or employee has symptoms that could be COVID-19 and do not get evaluated by a medical professional or tested for COVID-19, it is assumed that the student/employee has COVID-19 and may not return to school/work until the 3 criteria listed above have been met.*

Each school will have an illness tracking Google.doc. Staff will be educated on how and why to complete the form. Each student and employee who is absent or sent home due to illness is put on this list, symptoms are documented and travel history (in last 14 days) is charted. Questions that will be asked on the illness tracking Google.doc will be the following:

- What are the symptoms?
- Have they travelled in the last 14 days?
- Have they been in contact with anyone with coronavirus?

While we all hope to avoid exposure to illness from COVID-19, we need to be prepared for that possibility. If you or someone you've been in contact with has been exposed to the virus, our first concern is for your health and safety and those around you. In this rapidly changing situation, healthcare providers should have the most up-to-date information from CDC.

## WORKFORCE MANAGEMENT

CCSD will be prepared, if necessary, to transition between in-person, hybrid, or distance delivery school models depending on public health conditions. All negotiated agreements and all labor laws will be followed to ensure CCSD educators understand the expectations of a new and fluid work environment.

Maintaining full employment for staff is an important value of CCSD. If CCSD is required to move into a **Red/High Risk** distance delivery instructional model, CCSD will develop functional "employment expectations" that allow employees to continue working within their contract stipulations and employment agreements while directly or indirectly serving student learning responsibilities.

All legally required leaves of absence and leaves of absence available through the district's negotiated agreements will be available, communicated, and honored.

CCSD is dedicated to protecting the safety of our students and staff and will respond to any requests or concerns made by students, staff, and community members regarding working conditions and safety. Requests to address issues of working conditions and safety should be made to direct supervisors, however, reports may be made anonymously to CCSD's superintendent with no repercussions.

CCSD will wait for more information from the Alaska Department of Education and Early Development regarding any adjustments to educator/teacher evaluation requirements during the 2020-2021 school year. While no adjustments or waivers are currently anticipated, we will

expect informal and formal observations completed during the school year (either in-person or remotely).

## COMMUNICATIONS

CCSD communication protocols aim to inform and engage all stakeholders within the community whether or not we are functioning within an in-person school model, hybrid school model, or distance delivery school model.

The importance of timely communication to all stakeholders cannot be overstated. Major announcements and day-to-day messaging from the community will include emails, phone messages, Remind text messages, school based social media platforms, classroom newsletters, updates to CCSD's websites, and regular POW Island Post articles.

## BUS SERVICES

During a Yellow/Low Risk Scenario or an Orange/Intermediate Risk Scenario CCSD busses will prioritize Port Saint Nick, Klawock, and Hollis bus routes to provide the most flexibility and ability to ensure appropriate social distancing on CCSD busses. Students must sit one per seat on the school bus. If students live in the same residence, those students will be required to sit together in the same seat to increase rider capacity. Students will load the bus from the rear and unload from the front. Students will not be allowed to change seats while riding on the bus.

During a Yellow/Low Risk Scenario, CCSD students living within Craig city limits ranging from downtown Craig to Tanner Crab subdivision will be asked to walk to school or have parents provide transportation.

During an Orange/Intermediate Risk Scenario, a Group 1 and Group 2 (50% capacity) student schedule will be distributed to families indicating which students will attend school in-person each day for on-site full day instruction and which students will be attending at home in an asynchronous model. CCSD students living within Craig city limits ranging from downtown Craig to the Tanner Crab subdivision will be asked to walk to school or have parents provide transportation.

## FOOD SERVICES

During a Yellow/Low Risk Scenario or an Orange/Intermediate Risk Scenario CCSD food service will be provided within the students' classrooms to ensure appropriate social distancing. During an Orange/Intermediate Risk Scenario a Group 1 and Group 2 schedule will be distributed to families indicating which students will attend school in-person each day for on-site full day instruction and which students will be attending at home in an asynchronous model. For



those students not in attendance at CCSD breakfast and lunch services will be provided at designated distribution points within the Craig city limits.

## **COUNSELING SERVICES**

CCSD has two full-time school counselors on staff to serve our K-12 students. One counselor (Melissa Peavey) will serve our K-8 student population at Craig Elementary School and Craig Middle School. Our second counselor (Maria Riedel) will serve our Craig High School and PACE homeschool students. Counselors will work with their teams and administrators to determine when their services will be provided in-person or remotely. Counselors will work with schools to support staff with best practices around Trauma Informed Practices. A focus will be placed on supporting a positive climate and culture that acknowledges universal trauma care strategies for students.

## **FACILITY SANITATION PRACTICES**

The safety of our students and staff are our primary priority. Upon reopening, our schools will be completely cleaned and disinfected and we will continue to adhere to all necessary safety precautions. In addition to the deep cleaning all school facilities before students and employees return, the cleaning steps outlined below are to be taken to disinfect workplace surfaces, chairs, tables, etc., to protect students and employees and reduce the risk of spread of infection.

### **General Disinfection Measures**

<b>Area</b>	<b>Frequency</b>
Classrooms and Offices	At the end of each day
Appliances	Daily
Electronic Equipment	At the end of each use
General used objects like light switches, handles, sinks, restrooms	At least 2 times a day
Buses	At the end of each use
Common Areas	At the end of each use and/or between groups

Deep cleaning is triggered when an active student or employee is identified as positive for COVID-19 based on testing. When a student or employee with a suspected infectious disease is identified and has left the building, their work area, along with any other known places they have been will be thoroughly cleaned and disinfected. The person cleaning and disinfecting will wear a mask and gloves and will discard them immediately afterwards. Hands will be washed and sanitized at the completion of the procedure. During times of a specifically known or suspected disease outbreak, CCSD will consult public health officials to determine if there is a proper way to discard waste or if other PPE should be worn by staff.

Additionally, a bleach solution spray bottle and/or disinfecting wipes will be provided to all classrooms, offices, and work locations. CCSD employees are required to regularly disinfect personal work stations each day, schedule regular times during the school day for students to disinfect their personal work stations, and disinfect all appliances and electronic equipment after each use.

## **FACILITY USE**

Facility use agreements between CCSD and community organizations will be unavailable during the current COVID-19 pandemic. All CCSD facilities are closed to community events.

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## ASAA Return-To-Practice Protocols as of 7/9/2020

Objective	This document is intended to provide guidance for schools to consider with their stakeholders in designing return-to-activity protocols in accordance with state and local restrictions and or recommendations.		
Foundation	<p>ASAA believes and research supports (see attached), it is essential to the physical and mental well-being of students to return to physical activity and athletic competition. We recognize that all students may be unable to return to – and sustain – athletic activity at the same time across the state. There will likely be variations in what sports and activities are allowed to take place. This may lead to inequities, however ASAA endorses the idea of returning students to school-based athletics and activities in any and all situations where it can be done safely</p> <p>Expanding knowledge of COVID-19 transmission could result in significant changes to these protocols. ASAA will disseminate more information as it becomes available.</p> <p>Schools should not allow meetings, practices, events or competitions to take place unless all protocols by coaches and advisors can be followed. Administrators must emphasize the need for all coaches and participants who have signs or symptoms of illness to stay home to decrease risk of viral transmission.</p> <p>“Vulnerable individuals” are defined by CDC as people age 65 years and older and others with serious underlying health conditions, including, but not limited to, high blood pressure, chronic lung disease, diabetes, obesity, asthma, and those whose immune systems are compromised such as by chemotherapy for cancer and other conditions requiring such therapy. It is recommended that “vulnerable individuals,” including coaches, student participants, staff and officials, consult with their health care provider to determine whether participation in activities or events is prudent under the circumstances. Request for reasonable accommodations should be considered in accordance with the Americans with Disabilities Act and Alaska law.</p> <p>Due to the near certainty of recurrent outbreaks in the coming months, schools must be prepared for periodic closures and the possibility of some teams having to isolate for two or more weeks. Development of policies is recommended regarding practice and/or competition during temporary school closures, the cancellation of contests during the regular season, and parameters for the cancellation or premature ending to post-season events/competitions.</p>		
Points of Emphasis			
Fail Practices	Low Risk	Intermediate Risk	High Risk
As determined by school district	Minimal Community Transmission (<5 cases per 100,000 past 14 days)	Moderate Community Transmission (5-10 cases per 100,000 past 14 days) Some undetected cases and infrequent discrete outbreaks	Widespread Community Transmission (10 cases per 100,000 past 14 days) Many undetected cases and frequent discrete outbreaks in person school is canceled
Practice	Participants, if possible, when not exercising or competing, social distancing of a minimum of 6 feet should be maintained.  Accommodations should be made for High risk participants.	Practices should be limited to the facility's capacity to have participants 10' apart.  Maintain a minimum of 20 minutes between the end of a practice and the beginning of a subsequent practice for cleaning purposes.	All indoor activities cease  Maintaining virtual contact with participants is encouraged

	Those that have been sick should stay at home	<p>Focus on individual skill development and conditioning. Limited Contact with Others (increased distance and decreased exposure time); Limited Sharing of Equipment.</p> <p>Workouts should be conducted in "pods" of students with the same 5-12 students working out together weekly to limit overall exposures</p> <p>Accommodations should be made for High risk participants.</p> <p>Those that have been sick should stay at home</p> <p>Prior to attending participants, coaches and advisors must sign a waiver of liability related to COVID-19</p>	
Participant Screening (includes advisors, coaches and supervisors)	<p>Prior to attending participants, coaches and advisors must sign a waiver of liability related to COVID-19</p> <p>Screen participants prior to each session. Includes a temperature check, questions and phone number/email. Information should be recorded and stored to help facilitate contact tracing of a confirmed exposure.</p> <p>Anyone with a temperature of greater than 100.3 degrees or with positive symptoms reported should not be allowed to participate, should self-isolate, and contact their primary care provider or other health-care professional.</p> <p>There should be a designated individual on site responsible for monitoring and following all screening, cleaning and social distancing protocols.</p>	<p>Screen participants prior to each session. Includes a temperature check, questions and phone number/email. Information should be recorded and stored to help facilitate contact tracing of a confirmed exposure.</p> <p>Anyone with a temperature of greater than 100.3 degrees or with positive symptoms reported should not be allowed to participate, should self-isolate, and contact their primary care provider or other health-care professional.</p> <p>There should be a designated individual on site responsible for monitoring and following all screening, cleaning and social distancing protocols.</p>	<p>All indoor activities Cease</p> <p>Outdoor conditioning - Screening of participants, coaches and advisors that is done at medium risk continues</p> <p>Maintaining virtual contact with participants is encouraged</p>
Facility Cleaning	<p>Cleaning and disinfecting must be conducted in compliance with CDC protocols or, in lieu of performing the CDC cleaning the facility maybe shut down for at least 72 hours followed by disinfecting of all common services.</p> <p>Hand sanitizer should be plentiful and available to individuals as they transfer from place to place.</p> <p>Weight equipment should be wiped down thoroughly before &amp; after each individual's use</p> <p>Any equipment such as weight benches, athletic pads, etc. having holes with exposed foam should be covered.</p> <p>Facility should have signage of cleaning protocols and visual indicators of proper spacing between individuals</p>	<p>Cleaning and disinfecting must be conducted in compliance with CDC protocols or, in lieu of performing the CDC cleaning the facility maybe shut down for at least 72 hours followed by disinfecting of all common services.</p> <p>Hand sanitizer should be plentiful and available to individuals as they transfer from place to place.</p> <p>Weight equipment should be wiped down thoroughly before &amp; after each individual's use</p> <p>Any equipment such as weight benches, athletic pads, etc. having holes with exposed foam should be covered.</p> <p>Monitor number of individuals in locker rooms so students can be 5 feet apart.</p>	
Facility & Equipment	All shared equipment, (including balls, bats, mats, etc.) should be cleaned intermittently and prior to the next session. (Intermittently - every 10 min)	Facility should have signage of cleaning and COVID protocols and visual indicators (cones, tape, etc.) of proper spacing between individuals	<p>Facility should have visual indicators of proper distancing</p> <p>No sharing of equipment</p>



	Hand sanitizer should be plentiful and available to all participants.	Hydration stations (water cows, water trough, water fountains, etc.) should not be utilized.  As much as possible no sharing of equipment. Any shared equipment, (including balls, bats, mats, free weights, etc.) should be cleaned frequently and prior to the next session. (Frequently - every time drill is stopped)  Hand sanitizer should be plentiful and available to all participants.	Hand sanitizer should be plentiful and available to all participants.
	Cloth face coverings by participants should be encouraged when not engaging in vigorous activity. Such as sitting on the bench, in the locker room, on the sidelines, etc.  Participants should always be allowed to wear face coverings, if desired  As approved by the NFHS, plastic shields designed specifically for football and hockey helmets are allowed. Plastic shields covering the entire face for all other sports will not be allowed due to the risk of unintended injury to the person wearing the shield or others.  Coaches are strongly encouraged to wear cloth face coverings. Especially when physical distancing is not possible	Cloth face coverings by participants should be used when not engaging in vigorous activity. Such as sitting on the bench, in the locker room, on the sidelines, etc.  Participants should always be allowed to wear face coverings, if desired  As approved by the NFHS, plastic shields designed specifically for football and hockey helmets are allowed. Plastic shields covering the entire face for all other sports will not be allowed due to the risk of unintended injury to the person wearing the shield or others.  Coaches should wear cloth face coverings.	Cloth face coverings by participants must be used when not engaging in vigorous activity.  Coaches must wear cloth face coverings.
Face Coverings	Wash your hands for a minimum of 20 seconds with warm water and soap or hand sanitizer before touching any surfaces or participating in workouts.  Appropriate clothing/shoes should be worn at all times to minimize sweat from transmitting onto equipment/surfaces.  Sneeze or cough into a tissue, or the inside of your elbow. Avoid touching your face.  Have your own water bottle. Water bottles must not be shared. Food should not be shared.  All individuals should refrain from handshakes, high fives, fist/elbow bumps, group celebrations, etc.	Wash your hands for a minimum of 20 seconds with warm water and soap or hand sanitizer before touching any surfaces or participating in workouts.  Appropriate clothing/shoes should be worn at all times to minimize sweat from transmitting onto equipment/surfaces.  Students should report in appropriate attire and immediately return home to shower after participation.  Sneeze or cough into a tissue, or the inside of your elbow. Avoid touching your face.  Have your own water bottle. Water bottles must not be shared. Food should not be shared.  All individuals should refrain from handshakes, high fives, fist/elbow bumps, group celebrations, etc.	Outdoor conditioning – same as medium risk
Individual Hygiene			

By Activity	Tier 1, 2 & 3 – practice can be held using the low risk protocols	Tier 1, 2 & 3 – practice can be held using the medium risk protocols	Tier 1, 2 & 3 – Outdoor conditioning can be held with 10' maintained between all individuals
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Activity Risk Tiers			
Tier 1	Activity that can be done with social distancing or individually with no sharing of equipment or the ability to clean the equipment between use by participants	Swimming individual events, Cross Country Running, Rifle, Nordic Ski, Cheer (no stunting), Esports, Track & Field individual running and throwing events, DDF individual events	
Tier 2	Activity that involves close sustained contact, but with protective equipment in place that may reduce the likelihood of viral transmission between participants, or intermittent close contact, or the use of equipment that can't be cleaned between participants.	Tennis, Flag Football, Swimming relays, Volleyball, Gymnastics, Bowling, Hockey, Basketball, Baseball, Soccer, Softball, Track & Field relays and jumping events, DDF partner events, Music solos	
Tier 3	Activity that involves close sustained contact between participants and lack of significant protective barriers	Football, Cheer stunting, Wrestling, Music duets or larger groups	



## ASAA Return-To-Events Protocols as of 7/9/2020

<b>Objective</b>	This document is intended to provide guidance for schools to consider with their stakeholders in designing return-to-activity protocols in accordance with state and local restrictions and/or recommendations.		
<b>Foundation</b>	<p>ASAA believes and research supports (see attached) it is essential to the physical and mental well-being of students to return to physical activity and athletic competition. We recognize that all students may be unable to return to – and sustain – athletic activity at the same time across the state. There will likely be variations in what sports and activities are allowed to take place. This may lead to inequities, however ASAA endorses the idea of returning students to school-based athletics and activities in any and all situations where it can be done safely</p> <p>Expanding knowledge of COVID-19 transmission could result in significant changes to these protocols. ASAA will disseminate more information as it becomes available.</p> <p>Schools should not allow meetings, practices, events or competitions to take place unless all protocols by coaches and advisors can be followed. Administrators must emphasize the need for all coaches and participants who have signs or symptoms of illness to stay home to decrease risk of viral transmission.</p> <p>“Vulnerable individuals” are defined by CDC as people age 65 years and older and others with serious underlying health conditions, including, but not limited to, high blood pressure, chronic lung disease, diabetes, obesity, asthma, and those whose immune systems are compromised such as by chemotherapy for cancer and other conditions requiring such therapy. It is recommended that “vulnerable individuals,” including coaches, student participants, staff and officials, consult with their health care provider to determine whether participation in activities or events is prudent under the circumstances. Request for reasonable accommodations should be considered in accordance with the Americans with Disabilities Act and Alaska law.</p> <p>Due to the near certainty of recurrent outbreaks in the coming months, schools must be prepared for periodic closures and the possibility of some teams having to isolate for two or more weeks. Development of policies is recommended regarding practice and/or competition during temporary school closures, the cancellation of contests during the regular season, and parameters for the cancellation or premature ending to post-season events/competitions.</p>		
<b>Points of Emphasis</b>			
<b>Fall Events</b>	<b>Low Risk</b>	<b>Intermediate Risk</b>	<b>High Risk</b>
As determined by school district	Minimal Community Transmission (5 cases per 100,000 past 14 days)	Moderate Community Transmission (5-10 cases per 100,000 past 14 days) Some undetected cases and infrequent discrete outbreaks	Widespread Community Transmission (10 cases per 100,000 past 14 days) Many undetected cases and frequent discrete outbreaks
Events/Gatherings	Participants, if possible, when not exercising or competing, social distancing of a minimum of 6 feet should be maintained.  Spectators, social distancing of at least 6 feet continues to be a best practice	Indoor events- total individuals should be what your facility can handle with social distancing of at least 6 feet  Outdoor events- spectators limited to what your facility can handle with social distancing of at least 6 feet.  Maintain a minimum of 20 minutes between the end of an	All in person events cease  Maintaining virtual contact with participants is encouraged

	<p>Actively encourage high risk participants, spectators and those that have been sick to stay at home</p> <p>Consider using digital ticketing</p> <p>To decrease the amount of yelling and cheering, host school approved artificial noisemakers may be used as long as they do not interfere with official whistles</p> <p>Concession packaged food only</p>	<p>event and the beginning of a subsequent event.</p> <p>High risk participants, spectators and those that have been sick should stay at home</p> <p>Use digital ticketing only</p> <p>To decrease the amount of yelling and cheering, host school approved artificial noisemakers may be used as long as they do not interfere with official whistles</p> <p>No concession</p>	
Screening	<p>Prior to attending advisors, coaches, supervisors &amp; participants must sign a waiver of liability related to COVID-19</p> <p>Screen advisors, coaches, supervisors, participants and officials prior to each session. Includes a temperature check, questions and phone number/email. Information should be recorded and stored to help facilitate contact tracing of a confirmed exposure.</p> <p>Anyone with a temperature of greater than 100.3 degrees or with positive symptoms reported should not be allowed to participate, should self-isolate, and contact their primary care provider or other health-care professional.</p> <p>There should be a designated individual on site responsible for monitoring and following all screening, cleaning and social distancing protocols.</p>	<p>Prior to attending advisors, coaches, supervisors &amp; participants must sign a waiver of liability related to COVID-19</p> <p>Screen advisors, coaches, supervisors, participants and officials prior to each session. Includes a temperature check, questions and phone number/email. Information should be recorded and stored to help facilitate contact tracing of a confirmed exposure.</p> <p>Screen spectators prior to each indoor session. Includes a temperature check, questions and phone number/email. Information should be recorded and stored to help facilitate contact tracing of a confirmed exposure.</p> <p>Anyone with a temperature of greater than 100.3 degrees or with positive symptoms reported should not be allowed to participate, should self-isolate, and contact their primary care provider or other health-care professional.</p> <p>There should be a designated individual on site responsible for monitoring and following all screening, cleaning and social distancing protocols.</p>	<p>In person school is canceled</p> <p>All in person events cease</p> <p>Maintaining virtual contact with participants is encouraged</p>
Facility Cleaning	<p>Cleaning and disinfecting must be conducted in compliance with CDC protocols or, in lieu of performing the CDC cleaning the facility maybe shut down for at least 72 hours followed by disinfecting of all common services.</p> <p>Any equipment such as weight benches, athletic pads, etc. having holes with exposed foam should be covered.</p> <p>Facility should have signage of cleaning protocols and visual indicators of proper spacing between individuals</p>	<p>Cleaning and disinfecting must be conducted in compliance with CDC protocols or, in lieu of performing the CDC cleaning the facility maybe shut down for at least 72 hours followed by disinfecting of all common services.</p> <p>Any equipment such as weight benches, athletic pads, etc. having holes with exposed foam should be covered.</p> <p>Locker room use should be minimal depending on the activity and facility.</p>	
Facility & Equipment	<p>All athletic equipment, (including balls, bats, mats, etc.) should be cleaned intermittently and prior to the next session.</p>	<p>Facility should have signage of cleaning and COVID protocols and visual indicators (cones, tape, etc.) of proper spacing between individuals</p> <p>Hydration stations (water cows, water trough, water</p>	



	<p>Hand sanitizer should be plentiful and available to all participants and spectators.</p> <p>Indoor activities – Ensure ventilation systems operate properly and increase circulation of outdoor air. Open windows and doors when feasible.</p>	<p>fountains, etc.) should not be utilized.</p> <p>Any shared equipment (including balls, bats, mats, free weights, etc.) should be cleaned frequently and prior to the next event.</p> <p>Hand sanitizer should be plentiful and available to all participants and spectators</p> <p>Indoor activities – Ensure ventilation systems operate properly and increase circulation of outdoor air. Open windows and doors when feasible.</p> <p>Indoor activities – Block off rows or sections to keep participants and spectators separated</p> <p>Limit the number of people who occupy the restroom. Monitor so lines do not form without maintaining at least 6 feet from each other.</p>	
Face Coverings	<p>Cloth face coverings by participants should be encouraged when not engaging in vigorous activity. Such as sitting on the bench, in the locker room, on the sidelines, etc.</p> <p>Participants should always be allowed to wear face coverings, if desired</p> <p>As approved by the NFHS, plastic shields designed specifically for football and hockey helmets are allowed. Plastic shields covering the entire face for all other sports will not be allowed due to the risk of unintended injury to the person wearing the shield or others.</p> <p>Coaches are strongly encouraged to wear cloth face coverings. Especially when physical distancing is not possible</p> <p>Depending on the activity officials are strongly encouraged to wear cloth face coverings</p> <p>Spectators are strongly encouraged to wear cloth face coverings.</p>	<p>Cloth face coverings by participants should be used when not engaging in vigorous activity. Such as sitting on the bench, in the locker room, on the sidelines, etc.</p> <p>Participants should always be allowed to wear face coverings, if desired</p> <p>As approved by the NFHS, plastic shields designed specifically for football and hockey helmets are allowed. Plastic shields covering the entire face for all other sports will not be allowed due to the risk of unintended injury to the person wearing the shield or others.</p> <p>Coaches should wear cloth face coverings. Especially when physical distancing is not possible.</p> <p>Depending on the activity officials are strongly encouraged to wear cloth face coverings</p> <p>Spectators must wear cloth face coverings</p>	
Individual Hygiene	<p>Wash your hands for a minimum of 20 seconds with warm water and soap or hand sanitizer before touching any surfaces or participating in workouts.</p> <p>Appropriate clothing/shoes should be worn at all times to minimize sweat from transmitting onto equipment/surfaces.</p>	<p>Wash your hands for a minimum of 20 seconds with warm water and soap or hand sanitizer before touching any surfaces or participating in workouts.</p> <p>Appropriate clothing/shoes should be worn at all times to minimize sweat from transmitting onto equipment/surfaces.</p>	

	<p>Students should report in appropriate attire and immediately return home to shower after participation. Sneeze or cough into a tissue, or the inside of your elbow. Avoid touching your face.</p> <p>Have your own water bottle. Water bottles must not be shared. Food should not be shared.</p> <p>All individuals should refrain from handshakes, high fives, fist/elbow bumps, group celebrations, etc.</p>	<p>Students should report in appropriate attire and immediately return home to shower after participation. Sneeze or cough into a tissue, or the inside of your elbow. Avoid touching your face.</p> <p>Have your own water bottle. Water bottles must not be shared. Food should not be shared.</p> <p>All individuals should refrain from handshakes, high fives, fist/elbow bumps, group celebrations, etc.</p> <p>Tier 1 – local events can be held using medium risk protocols (local - ASAA Regions, Conferences or governmental designation)</p> <p>Tier 2 – local events can be held using medium risk protocols</p> <p>Tier 3 – local events can be held with limits on number of participants. Determine capacity of your facility with social distancing of at least 6 feet. Mark off areas for participants when not competing.</p> <p>Travel allowed with social distancing of at least 6 feet as a best practice</p> <p>Accommodations should allow for all non-household individuals to sleep at least 6 feet apart</p> <p>Teams from different schools should not share the same housing</p> <p>Individuals that are consistently working in close contact should be considered a household.</p>	
By Activity	<p>Tier 1 – events can be held using the low risk protocols</p> <p>Tier 2 – events can be held using the low risk protocols</p> <p>Tier 3 – events can be held using the low risk protocols</p>		All in person events cease
Travel/Housing	<p>Travel allowed with social distancing of at least 6 feet as a best practice for non-household individuals.</p> <p>Individuals that are consistently working in close contact should be considered a household.</p>		

#### Activity Risk Tiers

Tier 1	Activity that can be done with social distancing or individually with no sharing of equipment or the ability to clean the equipment between use by participants	Swimming individual events, Cross Country Running, Rifle, Nordic Ski, Cheer (no stunting), Eports, Track & Field individual running and throwing events, DDF individual events
Tier 2	Activity that involves close sustained contact, but with protective equipment in place that may reduce the likelihood of viral transmission between participants, or intermittent close contact, or the use of equipment that can't be cleaned between participants.	Tennis, Flag Football, Swimming relays, Volleyball, Gymnastics, Bowling, Hockey, Basketball, Baseball, Soccer, Softball, Track & Field relays and jumping events, DDF partner events, Music solos
Tier 3	Activity that involves close sustained contact between participants and lack of significant protective barriers	Football, Cheer stunting, Wrestling, Music duets or larger groups