



# Craig High School

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Jim Thomas, Superintendent

Josh Andrews, Principal

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November 5, 2009

Dear Parents and Guardians,

This letter is a reminder that we are now fully in flu season. We have confirmed cases of H1N1 in both the elementary and high school and are seeing many students out with flu-like symptoms.

Please, if your child has a fever and a sore throat, runny nose, general body aches, cough, nausea/vomiting, or diarrhea, please keep your child home until 24 hours after the fever is gone with no medication. We are requesting staff to stay home as well if they are presenting with flu-like symptoms.

The staff in all schools is working hard to ensure a clean environment; custodians are using bleach solutions on all surfaces daily and staff and students are being encouraged to practice good hand hygiene (coughing/sneezing into sleeves and regular hand washing).

We are working with the Alaska Division of Public Health to provide a flu clinic in the schools in the near future. You should have received permission forms by this time. If you have not received your information mailing, please stop by the school and we will provide one for you.

If you have questions about the flu, find updated information at [www.pandemicflu.alaska.gov](http://www.pandemicflu.alaska.gov) or [www.cdc.gov/h1n1flu](http://www.cdc.gov/h1n1flu).

Thanks for your help !

Sincerely,

Josh Andrews  
Principal, Craig High School

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